



# BETTER CONVERSATIONS

OKLAHOMA CITY NATIONAL MEMORIAL & MUSEUM

## GROUNDING VIRTUES

— WHAT WE PRACTICE, WE BECOME —

### WORDS THAT MATTER .....

The words we use shape how we understand ourselves, how we interpret the world, how we treat others.

### HUMILITY .....

Humility is a companion to curiosity, surprise, and delight. Spiritual humility is not about getting small. It is about encouraging others to be big.

### GENEROUS LISTENING .....

Listening is more than being quiet while others have their say. It is about presence as much as receiving; it is about connection more than observing.

### .....HOSPITALITY

Hospitality is a bridge to all the great virtues, but it is immediately accessible. You don't have to love or forgive or feel compassion to extend hospitality.

### .....PATIENCE

Human transformation takes time — longer than we want it to — but it is what is necessary for social transformation. A long, patient view of time will replenish our sense of our capacities and our hope for the world.

### .....ADVENTUROUS CIVILITY

Civility, in our world of change, is about creating new possibilities for living forward while being different and even continuing to hold profound disagreement.

